



People Scrutiny

The Care Act: Wellbeing and Early Intervention



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What is the Care Act?



- **Legislation:** The biggest change to social care and support in England for over 60 years
- **Clearer and fairer:** A consistent approach across England to meet modern standards and a changing population
- **Legal Duties:** to cooperate with local partners
- **Focuses on:**
 - peoples' needs and what they want to achieve
 - focus of care to put people in control
 - reduce reliance on formal care
 - promote independence and wellbeing
- **£139.3 million:** Bristol's net spend in 2014-15

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The Wellbeing Principle

care and
support
& you

- **Wellbeing** is the underpinning principle of the Care Act
- Helping people maintain control over everyday life, with their genuine involvement their care and support
- Promote wellbeing when carrying out any of our care and support functions

‘Being in a position where you have good physical and mental health, control over your day-to-day life, good relationships, enough money, and the opportunity to take part in the activities that interest you’

Source: Social Care Institute for Excellence



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Phase 1 Legal Duties – April 2015

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- **Prevention:** care needs becoming serious
- **Eligibility:** national minimum level
- **Duties to offer:** carer assessments, deferred payment agreements, outcome based support plans, reviews, continuity of care, transitions
- **New duties:** for safeguarding and advocacy
- **Stimulate:** care provider market and sustainability

Phase 2 Legal Duties – delayed until 2020

- **Why:** pressure of rising demand, reduced budgets and cost of reform

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Meeting the challenges



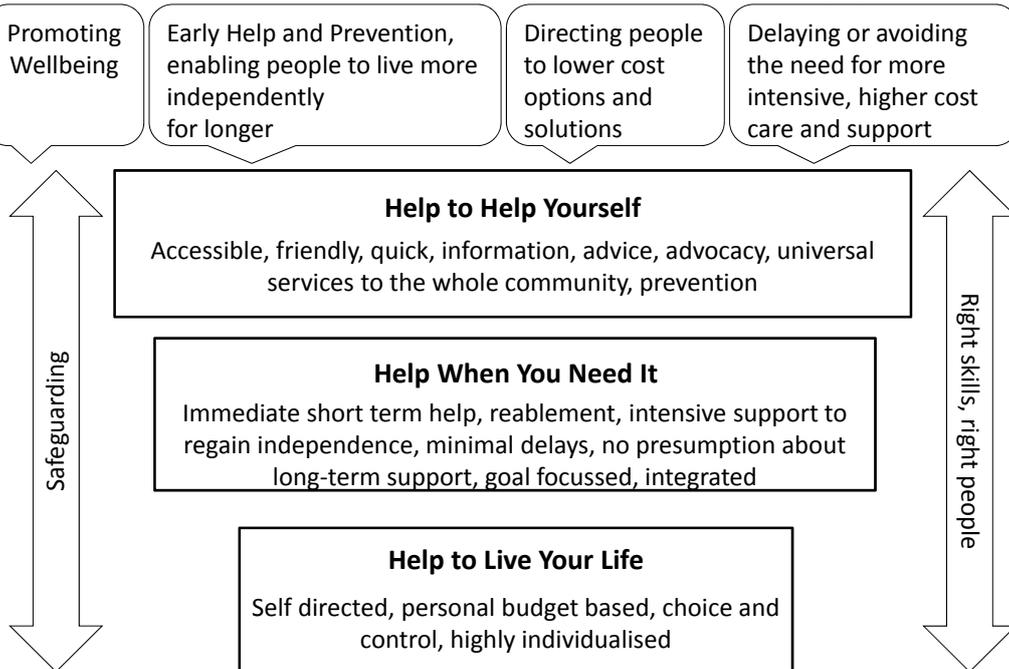
- **Meeting demand:** efficient and proportionate
- **Financial impact:** in the context of saving costs
- **Culture change:** for minimising dependence
- **Market alignment:** maturity of care providers
- **Public awareness:** meeting expectations
- **Delivering the change:** sustainability

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The three-tier model for care & support

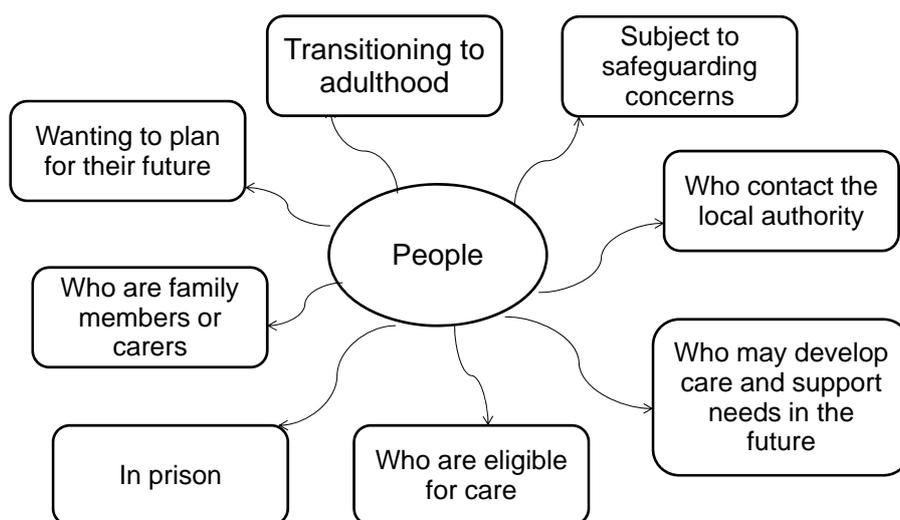


Information Advice and Guidance – a vital component for early intervention

- Information and advice is fundamental to enabling people to take control of, and make well-informed choices about, their care and support and how they fund it
- Not only does information and advice help to promote people's wellbeing by increasing their ability to exercise choice and control, it is also a vital component of preventing or delaying people's need for care and support



Who needs information and advice?



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What does good care look like?

- Being informed and guided through options
- Having a single point of contact
- Receiving information at the right time
- Transparency about what is happening
- Holistic assessments for carer and cared for
- Service users: Consistency; Choice; Control; Trust
- Make me feel like I matter – familiarity to my old life
- Carers: being able to self-refer; time for me
- Keeping the person I care for happy

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Aspirations for effective IAG

- Exploration of the current technology market for digital platforms that citizens will want to use
- Links with corporate aspirations to establish Citizens Accounts
- One Council approach for information and advice including Welfare Benefits, Community Care, Debt, Housing, Employment, Immigration
- Better Care Applied Programme providing an opportunity to review the best practice elements for the provision of a combined health and social care online technology solution - with potential links to establishing an E-Marketplace

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Assessment: a key element of any prevention strategy

- Assessment must consider whether the person would benefit from available preventative services, facilities or resources
- Prevention as critical intervention

Strengths based approach – a different kind of conversation

- The local authority must also consider what - other than the provision of care and support - might help the person in meeting the outcomes they want to achieve: a strengths-based approach
- This strengths-based approach recognises personal, family and community resources or 'assets' that individuals can make use of

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Support Planning – a holistic approach

Working with the service users and carers to discuss desired outcomes



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